



**KEEP  
CALM**

**AND**

**WELCOME BACK  
TO SCHOOL**

# The 5 F's: How to Thrive Through the First Days of Secondary School

*Presented by Lindsay Woodman*

<https://www.youtube.com/watch?v=1-gQLqv9f4o>



# Learning Goal

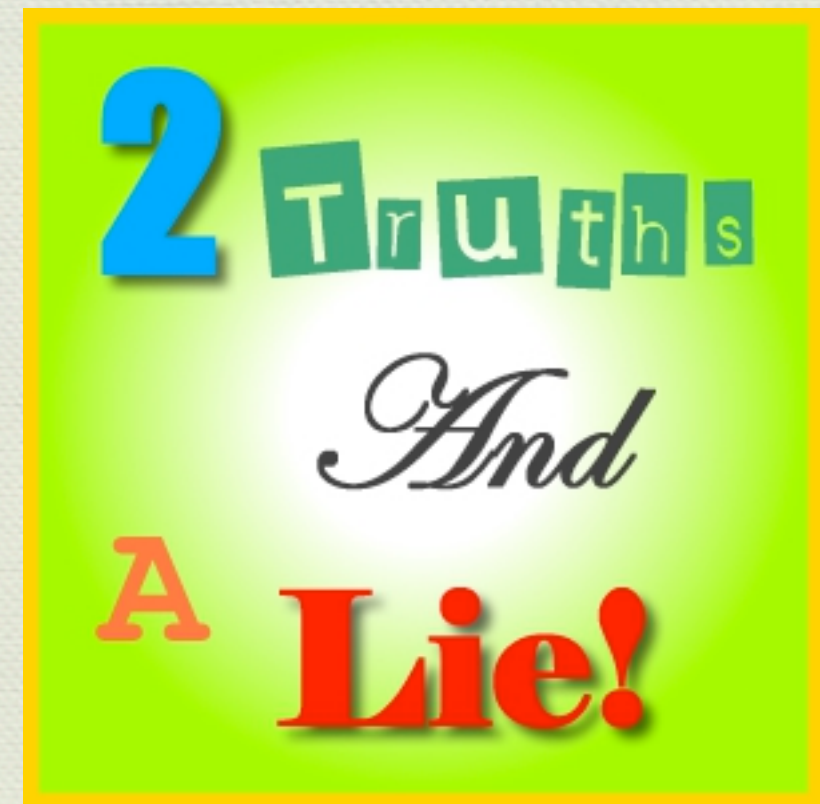
- ◆ Today, I will select a strategy to introduce one of the 5 F's in my classroom during the first week of school
- ◆ So that my students and I can become better acquainted
- ◆ I will know you understand by seeing your chosen strategy written on a cue card before you leave





# Two Truths And A Lie

- ◆ Write two truths about yourself on a cue card
- ◆ Write one lie on the same card
- ◆ Circulate the classroom telling your 2 truths and a lie to your peers
- ◆ Guess which ones are true and which is the lie!
- ◆ Please return to your seats when the music stops





# Questions That Teachers Have in New Environments...

- ◆ Will the students like me?
- ◆ Will I like the students?
- ◆ How can I create a positive and professional relationship with others within my school community?
- ◆ How do I plan an engaging unit that meets curriculum expectations with enough varied assessments and evaluations?





# Discovering The 5 F's of Teaching...

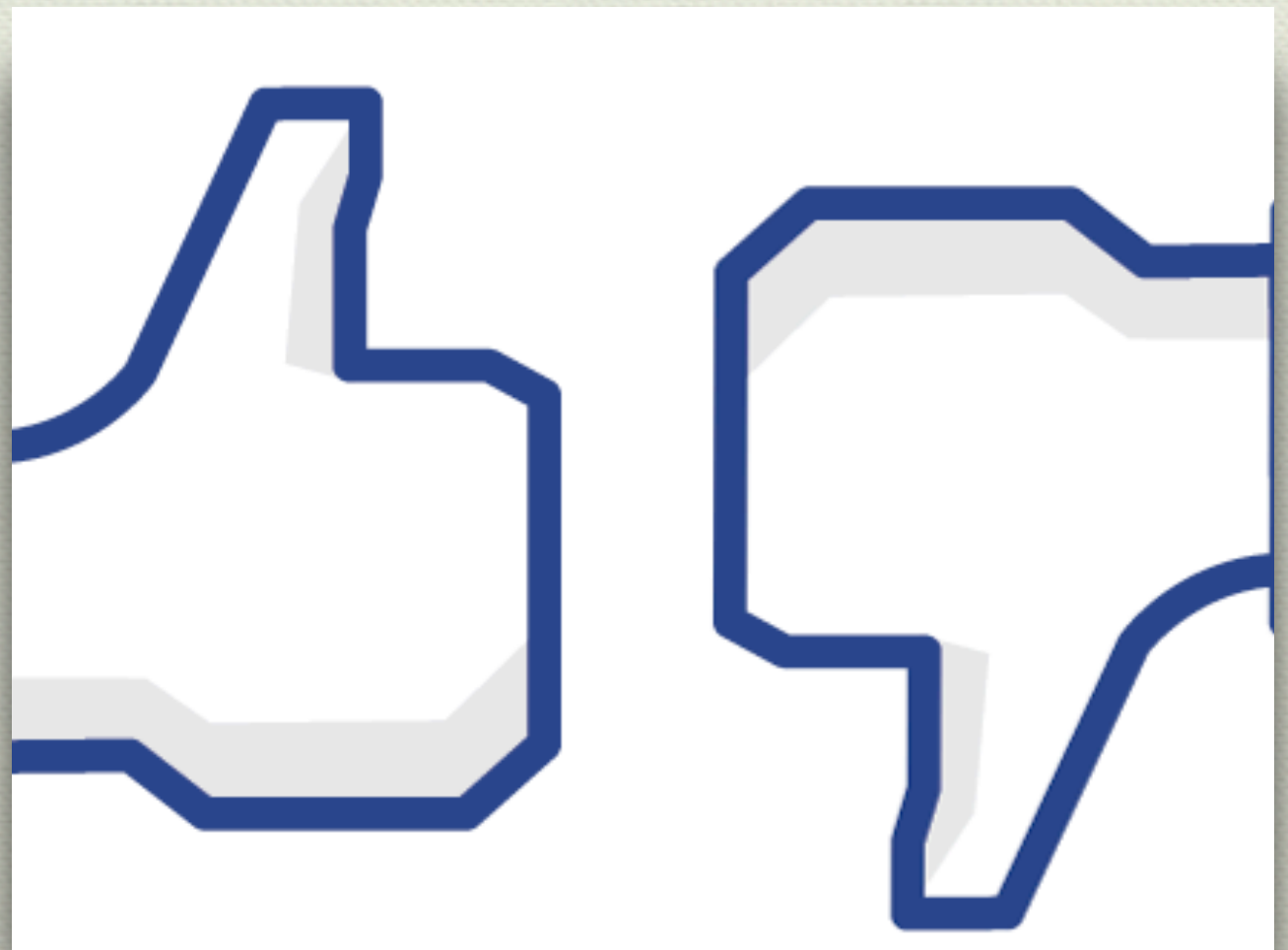
- ◆ With a partner, outside the 'F' on your paper, write all the characteristics you can think of that a teacher should have
- ◆ On the inside of your 'F', write the characteristics that begin with an F.
- ◆ We will discuss them as a group after 3 minutes





# Thumbs Up / Thumbs Down

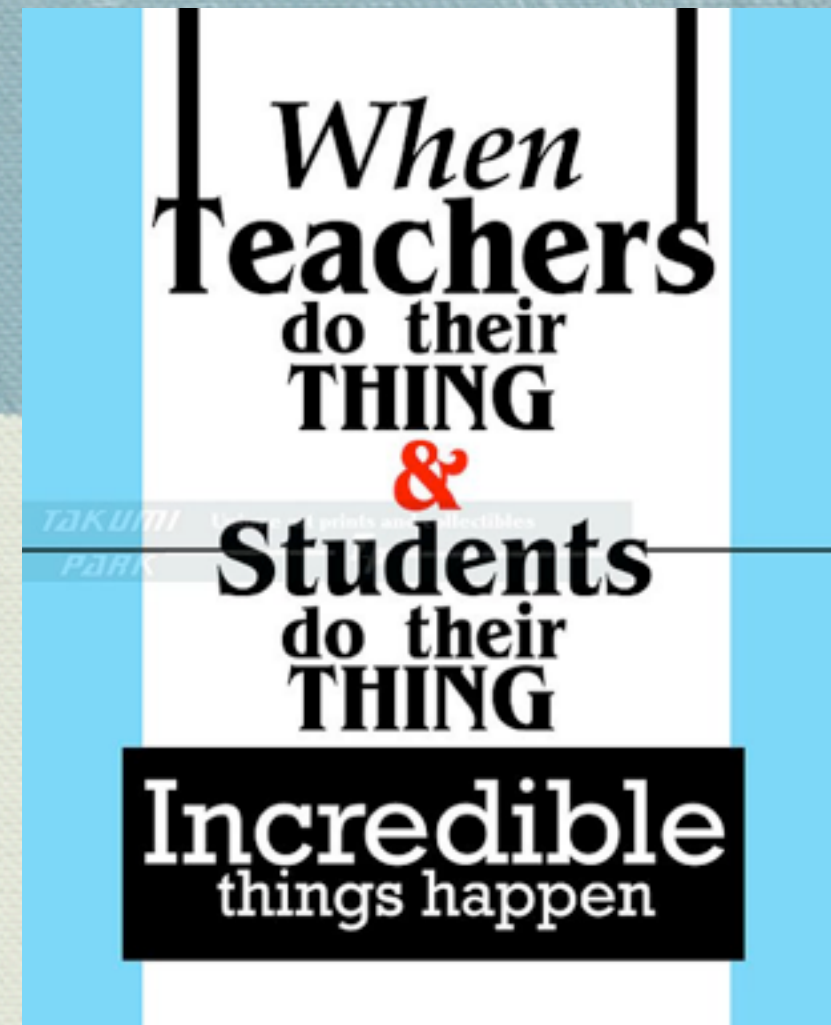
- ◆ I want to be known as a fun teacher.





# Fun

- ◆ Show students your interests and personality
- ◆ Be genuine and original
- ◆ Make assignments relevant to *their* lives
- ◆ Assign work that asks for quality, not quantity
- ◆ Take risks in your lessons
- ◆ Join or create an extracurricular





# Agree / Disagree

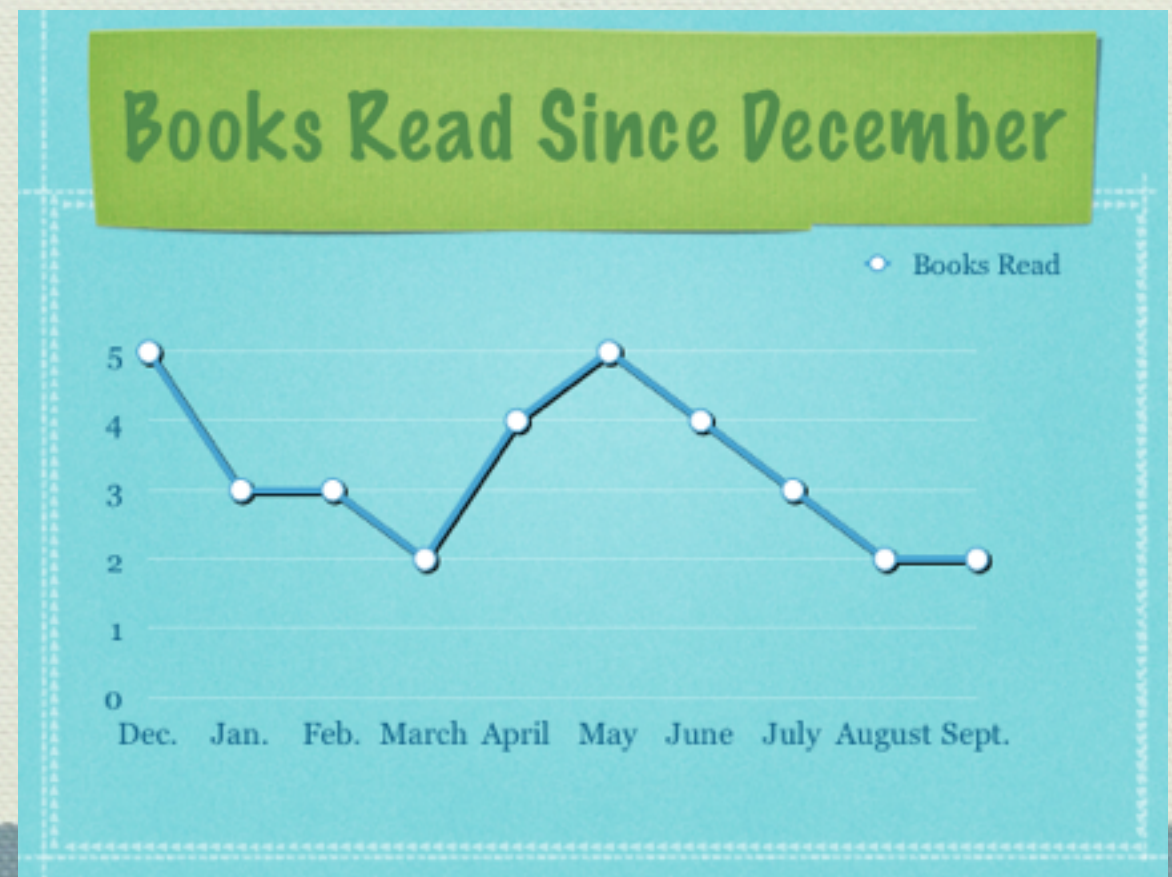
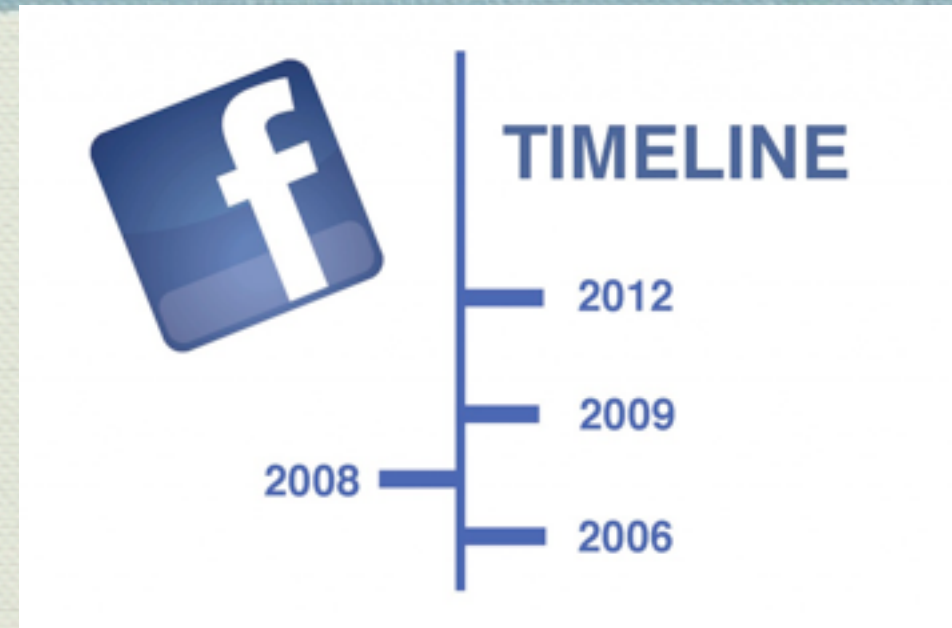
- ◆ Having an energetic teacher is the best way for students to learn the curriculum.





# Fun Ways to Introduce Yourself & Learn About Your Students

- ◆ Introduce yourself using a song that represents your life
- ◆ Use the subject you're teaching as a way to introduce yourself
- ◆ Create timelines with your students to see what they're interested in and value
- ◆ Have a 4 Corners Activity with Agree/Disagree





# Firm

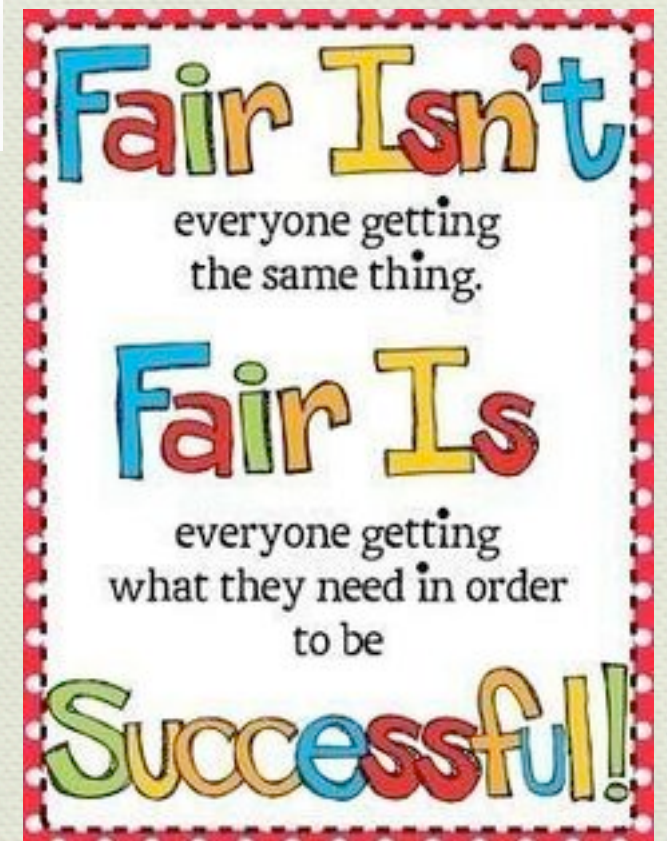
- ◆ Create classroom expectations with your students
- ◆ Enforce the rules you create with your students and inform their parents / guardians with an email, signed syllabus, phone call, meet & greet, class website, agenda, etc.
- ◆ Although democracy is important in a classroom, you have the veto power to accept or adapt ideas





# Fair

- ◆ Consistency is key!
- ◆ All students must be treated fairly
- ◆ Be sure to follow through with the consequences that are said / written
- ◆ Remind students that when it comes to evaluation, the use of tools in class and IEP's that *fairness isn't sameness*





# Line Stepping

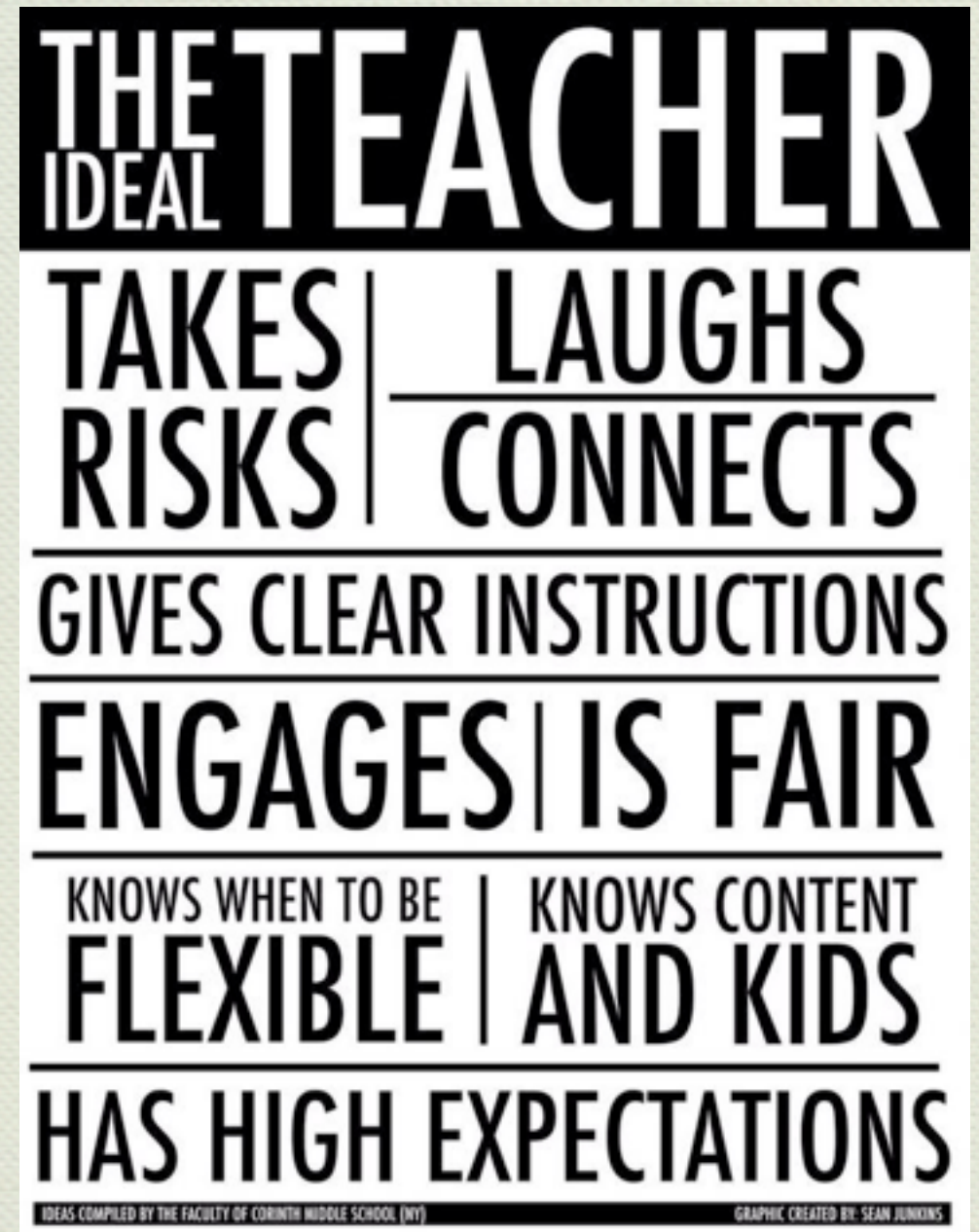
- ◆ Step on the line if the statement applies to you.





# Flexible

- ◆ Plan weekly, but realize that things will not always go as planned...
- ◆ Review IEP's before you meet the students
- ◆ Students may grasp the concepts you're teaching more slowly or quickly than expected... they might also find a different way of learning the content
- ◆ Have fun and go with it!





# Forgiving

- ◆ Treat everyday as a new day by letting go of grudges
- ◆ Forgive and forget by remembering what it was like to be a teenager in high school
- ◆ Don't take random complaints personally - every person, regardless of age will have a day where things aren't going well

Don't ruin  
a good today  
by thinking about  
a bad yesterday.

*Let it go.*

TEACHERS WHO INSPIRE  
REALIZE THERE WILL  
ALWAYS BE ROCKS IN  
THE ROAD AHEAD OF  
US. THEY WILL BE  
STUMBLING BLOCKS OR  
STEPPING STONES IT  
ALL DEPENDS ON HOW  
WE USE THEM.

AUTHOR UNKNOWN

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# In Conclusion

**NEVER GIVE UP**



<https://www.youtube.com/watch?v=miPYLJI247g>



# Question & Answer Session

- ◆ Ask any question you may have regarding your first year as a teacher.





# Ticket Out the Door

- What was the most useful idea you heard in this PD session?
- How will you focus on one of the 5 F's during the first week of school?





# Thank you!

- ◆ Enjoy your afternoon and remember that the 5 F's are key to having a successful teaching year
- ◆ Feel free to email me at [lwoodman@wqsb.qc.ca](mailto:lwoodman@wqsb.qc.ca) if you have any questions at any point throughout the year

